

SUICIDE BEREAVEMENT CLINICIAN TRAINING PROGRAM

Developed in Collaboration with:

The American Association of Suicidology

The American Foundation for Suicide Prevention

John R. Jordan, Ph.D. – Instructor

Agenda

- I. Introduction – 9:00 val.
- II. Suicide Survivors: Who Are They?
 - A. Who is a survivor?
 - B. Are survivors at risk?
- III. Break – 10:30 val.
- IV. Understanding the Impact of Suicide Loss – 10:45 val. – 12:15 val.
 - A. Foundational concepts in thanatology (the study of death and bereavement)
 - B. Common themes in suicide bereavement
 - C. Post-traumatic growth after suicide
- V. Lunch – 12:15 val. – 13:00 val.
- VI. What Can We Do to Help Survivors? – 13:00 val. – 14:30 val.
 - A. Research on survivor needs
 - B. The psychological tasks of loss integration and goals of postvention
 - C. Postvention options for intervention
- VII. Break – 14:30 PM
- VIII. Grief Therapy with Survivors – 14:45 PM – 16:15 PM
 - A. A general framework for understanding the roles played by the grief therapist
 - B. Specific techniques that may be of help in work with survivors
 - C. Summary: Guidelines for clinical work with survivors
- IX. Wrap-Up – 16:15 – 16:30 PM